

INTENSIVE NUTRITION PROGRAM

Indications

- Reduced turgor and changes in skin tone
- Skin dryness and a tightness sensation
- Uneven surface
- Deeper wrinkles and droopy corners of eyes and lips

Treatment duration: 90 minutes

Recommended treatment schedule: 6-8 treatments at a 7-day interval

Supportive treatments: once or twice a month

Result:

- Improved complexion
- Restoration of facial contours and wrinkle reduction
- Skin nourishment and restoring hydration
- Protection from external factors

Skin type/condition	Preparation	Application method
1. MAKEUP REMOVAL		
All types of skin	FC-039 ULTRA FUNCTIONAL CLEANCER WITH GWO	Shake the vial before use. Moisten a cotton pad with the cleaner and apply it to eyelid and lip areas that need cleaning. Hold the pad in place for 10-15 seconds. Take the pad off and remove the remaining makeup with light motions.
2. CLEANSING		
All types of skin	FC-040 BALANCING CLEANCER WITH GWO	Apply this cleanser to your moistened face skin in circular motions following your face massage lines; massage lightly. Rinse with warm water.
3. TONIZATION		
All types of skin	FL-038 MOISTURIZING & PROTECTING SPRAY WITH GWO	Shake the vial before use. Apply to your pre-cleansed skin with a cotton pad. Can be applied to the area round your eyes.
4. DEEP CLEANSING		
All types of skin	FP-021 ILLUMINATING FACE SCRUB WITH GWO	Apply the scrub to your pre-cleansed and moisturized skin. Massage your face gently and lightly with your fingertips for about two minutes while avoiding the area of your eye orbs. Leave the scrub on for a few minutes and then rinse it off with warm water.
5. MASSAGE		
All types of skin	FO-015 LUXURY MASSAGE GWO	Take a small amount of oil, massage it onto your skin and follow the massage procedure.

6. MASK		
All types of skin	FM-034 INTENSIVE MOISTURIZING MASK WITH GWO	Apply the mask evenly to your pre-cleansed skin while avoiding the area of your eye orbs; rinse it off with warm water thoroughly 20-25 minutes after.
7. TREATMENT COMPLETION		
All types of skin	FCR-047 MULTI REJUVENATING CREAM WITH GWO & FS-045 CAVIAR ANTI-AGE SERUM	Apply to the skin of the face, neck, and décolletage with gentle massaging motions. This can be done either sequentially, using different products, or as a blended mixture.
8. AREA AROUND EYES	FS-045 CAVIAR ANTI-AGE SERUM or FS-046 EXTRA REJUVINATING SERUM WITH GWO	Apply a small amount of serum in an even thin layer to your cleansed skin including your eye orbs and pat it in gently using your fingertips.
9. UV PROTECTION (as applicable)	FCR-042 PROTECT FACE CREAM SPF50	Gently apply on top of the cream to the skin of the face, neck, and décolletage using massaging motions.