

DETOX BODY SKIN PROGRAM

Indications

The detox program helps deeply cleanse pores and remove toxins. It saturates skin with vitamins, reduces irritations and redness, promotes lesion healing, and accelerates cell regeneration. It helps relieve tension and reduce swelling and positively affects skin, making it softer, smoother, and more hydrated.

Treatment duration: Option 1 - 85 minutes; Option 2 - 70 minutes

Recommended treatment schedule: 8-10 treatments, 1 session every 5 days

Supportive treatments: twice or thrice a month

Option	Preparation	Application method
1. BATHING (15 minutes). Skin cleansing.		
Option 1	CB-021 DETOX BATH MIXTURE BIOMINERAL™	Fill the bath with warm water (35-37°C), then add 100 mL of concentrate pre-dissolved in a separate container (per a total volume of 150-200 L). Take a bath for 10-15 minutes. After bathing, pat the skin with a towel, leaving it slightly damp.
2. EXFOLIATION (20 minutes). Skin preparation.		
Option 1	BP-027 DETOX & REGENERATING BODY SCRUB VITAVOL™	Exfoliation is the first step in body care and should be effective. Apply the product on damp skin in circular motions using gloves or a special mitt (Kessa) and massage for 15-20 minutes until slight redness occurs, moving from the feet upward. Upon completing the exfoliation, thoroughly rinse off the residue with warm water using gloves or a sponge, or remove it with a damp towel. Shower can also be used.
3. SKIN CARE (30 minutes). Wrapping.		
Option 1	BM-018 DETOX MINERAL BODY MASK VITAVOL™	Heat the mask to 37°C and apply it evenly and thinly on clean body skin, avoiding the chest and head areas. Apply a pre-cooled mask on both legs. Upon applying the mask, wrap the body with a disposable polyethylene sheet and cover it with a thermal blanket. Leave it for 20-30 minutes. Rinse off the mask in the shower or remove it with a wet towel.
4. COMPLETING THE TREATMENT (20 minutes).		
Option 1	BO-017 EXCLUSIVE MASSAGE OIL FOR BODY ENTERA™	Warm a small amount of the product in your hands or a water bath to a comfortable temperature. Apply the warmed oil on the body skin and massage intensively. Blot any excess with a tissue or paper towel.

Option	Preparation	Application method
1. TAKING A SHOWER. Skin cleansing.		
Option 2	After the shower, pat the skin with a towel, leaving it slightly damp.	
2. EXFOLIATION (20 minutes). Skin preparation.		
Option 2	BP-027 DETOX & REGENERATING BODY SCRUB VITAVOL™	Exfoliation is the first step in body care and should be effective. Apply the product on damp skin in circular motions using gloves or a special mitt (Kessa) and massage for 15-20 minutes until slight redness occurs, moving from the feet upward. Upon completing the exfoliation, thoroughly rinse off the residue with warm water using gloves or a sponge, or remove it with a damp towel. Shower can also be used.
3. SKIN CARE (30 minutes). Wrapping.		
Option 2	BM-018 DETOX MINERAL BODY MASK VITAVOL™	Heat the mask to 37°C and apply it evenly and thinly on clean body skin, avoiding the chest and head areas. Apply a pre-cooled mask on both legs. Upon applying the mask, wrap the body with a disposable polyethylene sheet and cover it with a thermal blanket. Leave it for 20-30 minutes. Rinse off the mask in the shower or remove it with a wet towel.
4. COMPLETING THE TREATMENT (20 minutes).		
Option 2	BO-017 EXCLUSIVE MASSAGE OIL FOR BODY ENTERA™	Warm a small amount of the product in your hands or a water bath to a comfortable temperature. Apply the warmed oil on the body skin and massage intensively. Blot any excess with a tissue or paper towel.