

LIFTING & REJUVENATING BODY SKIN PROGRAM

Indications

The program ensures a comprehensive rejuvenating effect and improves the skin look and feel, making it look younger, firmer, and more radiant. It stimulates collagen and elastin production, reduces wrinkles and fine lines, helps restore skin hydration, and improves skin tone, making it firmer.

Treatment duration: Option 1 - 90 minutes; Option 2 - 75 minutes

Recommended treatment schedule: 12-15 treatments, 1 session every 5 days

Supportive treatments: twice or thrice a month

Option	Preparation	Application method
1. BATHING (15 minutes). Skin cleansing.		
Option 1	CB-018 REJUVENATING BATH MIXTURE WITH ROSE OIL	Fill the bath with warm water (35-37°C), then add 60 mL of concentrate pre-dissolved in a separate container (per a total volume of 150-200 L). Take a bath for 10-15 minutes. After bathing, pat the skin with a towel, leaving it slightly damp.
2. EXFOLIATION (20 minutes). Skin preparation.		
Option 1	BP-026 REJUVENATING BODY BIOSCRUB ENTERA™	Exfoliation is the first step in body care and should be effective. Apply the product on damp skin in circular motions using gloves or a special mitt (Kessa) and massage for 15-20 minutes until slight redness occurs, moving from the feet upward. Upon completing the exfoliation, thoroughly rinse off the residue with warm water using gloves or a sponge, or remove it with a damp towel. Shower can also be used.
3. SKIN CARE (25 minutes). Wrapping.		
Option 1	BM-013 FIRMING & BOOSTER BODY MASK GWO	Heat the mask to 37°C and apply it evenly and thinly on clean body skin, avoiding the chest and head areas. Apply a pre-cooled mask on both legs. Upon applying the mask, wrap the body with a disposable polyethylene sheet and cover it with a thermal blanket. Leave it for 20-30 minutes. Rinse off the mask in the shower or remove it with a wet towel.
4. COMPLETING THE TREATMENT (30 minutes).		
Option 1	BMCR-030 BODY SOUFFLE	Apply souffle on clean and dry body skin and massage until the product is fully absorbed.

Option	Preparation	Application method
1. TAKING A SHOWER. Skin cleansing.		
Option 2	After the shower, pat the skin with a towel, leaving it slightly damp.	
2. EXFOLIATION (20 minutes). Skin preparation.		
Option 2	BP-026 REJUVENATING BODY BIOSCRUB ENTERA™	Exfoliation is the first step in body care and should be effective. Apply the product on damp skin in circular motions using gloves or a special mitt (Kessa) and massage for 15-20 minutes until slight redness occurs, moving from the feet upward. Upon completing the exfoliation, thoroughly rinse off the residue with warm water using gloves or a sponge, or remove it with a damp towel. Shower can also be used.
3. SKIN CARE (25 minutes). Wrapping.		
Option 2	BM-013 FIRMING & BOOSTER BODY MASK GWO	Heat the mask to 37°C and apply it evenly and thinly on clean body skin, avoiding the chest and head areas. Apply a pre-cooled mask on both legs. Upon applying the mask, wrap the body with a disposable polyethylene sheet and cover it with a thermal blanket. Leave it for 20-30 minutes. Rinse off the mask in the shower or remove it with a wet towel.
4. COMPLETING THE TREATMENT (30 minutes).		
Option 2	BMCR-030 BODY SOUFFLE	Apply souffle on clean and dry body skin and massage until the product is fully absorbed.